

Dear Parents /Carers

I am writing to introduce you to our Healthy Relationships Programme (HRP) which we deliver in partnership with First Light as part of an integrated service approach to ending Domestic Abuse and Sexual Violence. Our service is delivered across Cornwall and the Isles of Scilly (CIOS) and it is called Safer Futures. Safer Futures is funded by Safer Cornwall, a partnership of statutory agencies in CIOS. Safer Futures offers a wide range of programmes to children, young people and adults who are affected by domestic abuse and sexual violence (DASV). Our programmes are designed to:

- Assist people who are in crisis
- Equip people to recover from the adverse effects of domestic abuse and sexual violence
- Educate children, young people and professionals about healthy relationships
- Upskill professionals to intervene early and prevent the escalation of issues

I am pleased to inform you that Safer Futures has been invited into your school to deliver the Healthy Relationships Programme (HRP) to Year 9 classes. This programme is delivered by facilitators who provide age appropriate, healthy relationship messages to the children and young people within schools. The programme covers topics such as:

- Gender stereotyping
- Resilience
- Consent, capacity and the law
- Sexting and online safety
- Pornography
- Healthy and unhealthy behaviours in relationships

We will be working closely with school staff to enable them to co-facilitate this programme. We would really welcome the opportunity to also support parents and carers to ensure that you are as informed and equipped to help your child develop and maintain healthy relationships with their peers.

Therefore, we would like to invite you to meet with our facilitators prior to the programme delivery, which gives parents the opportunity to discuss the material and programme content. The Parents and staff session will last for approximately an hour.

The parent/carer meeting will take place at school on 6th December at 15:15 hrs. If you can attend this meeting please confirm by emailing Mrs E Loffhouse, Head of PSHE: emloffhouse@liskeard.cornwall.sch.uk

If you have any queries or concerns, then please contact me on 01209 699241

Kind regards

Healthy Relationships and DASV Training Co-Ordinator

Patron: Her Majesty The Queen.

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