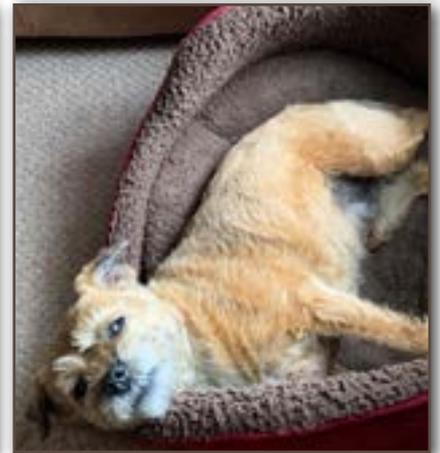


my LISKEARD SIXTH FORM

Newsletter

Happy Monday to all

Tozer loves going out for his walks unless it is pouring down outside. Then he would much rather have a lazy day indoors. It was nice to join him on a lazy day on Saturday.



Year 13

It was lovely to see so many of you pop in. if you haven't given Kirsty your email address, then please pass it on to her so that we have it on record. We will keep you informed about results day in August.

FINAL CALL FOR HOODIES

Please let Kirsty know if you want to go ahead with these this week.

Year 12

I can't believe we only have two weeks left of lessons!

It has been lovely seeing you back in again and enjoying being back in the classroom. Don't forget that your online lessons are still happening as well. Check your weekly update from Mrs Fry.

If you are having any problems, then please pop into the office for a chat – we are there to support you.

Week Starting	Day	Option Block Subjects	Subjects
6th July	Thursday 9th	B	Business Studies, English Lang, Photography
	Friday 10th	C	Art, English Lit, Maths (KKB & NNH), PE

13th July	Thursday 16th	D	Chemistry, History, Maths (PNL), Health and Social Care, Psychology
	Friday 17th	E	Biol, Human Biol, F Maths, Drama, Media, Prod. Design

UCAS REGISTRATION

About half of you are now registered. If you haven't done so, then please pop in after your lessons this week to register. We would like you all to be registered for UCAS before the end of term. This actually only takes about 10 minutes so after your lessons this week, please come into the common room and Mrs Fry will take small groups (8 or so at a time) into the quiet room and take you through the process.

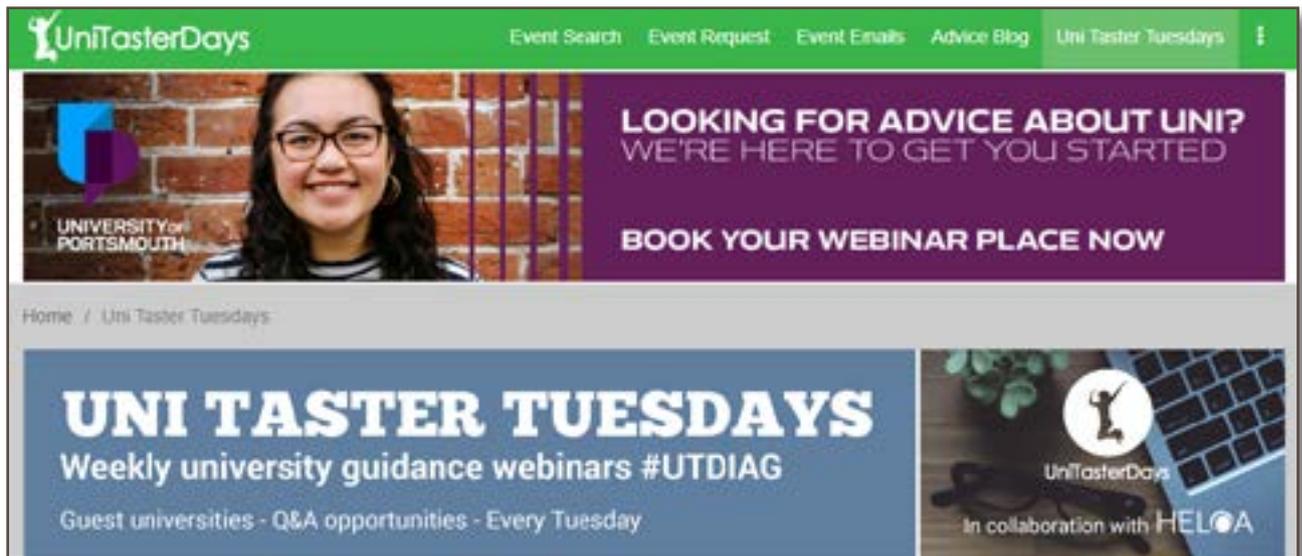
It is vital that everyone does this whether you are thinking of university or another route after sixth form. This will be a central point for your personal statements and exam information.

Researching universities

Well done to those who have been attending the virtual open days. During this

time, please make sure you check your emails daily as we will be forwarding any that could be of interest to you.

Don't forget about



<https://www.unitasterdays.com/ut-tuesdays.aspx>

There is a lot of information so it is worth looking at.

Mrs Carlin has also organised a work experience opportunity for you next week

Please check this out if you have an interest in any of the workshops. The workshops are covering four different industries:

Digital and Creative
Construction
Healthcare
Food Production

Please see below for links and dates.



Monday 13 July @2pm Digital & Creative Industry:

<https://attendee.gotowebinar.com/register/116344131341400847>

Tuesday 14 July @2pm Construction Industry:

<https://attendee.gotowebinar.com/register/4798419784667076366>

Wednesday 15 July @2pm Healthcare Industry:

<https://attendee.gotowebinar.com/register/6767999152758397711>

Thursday 16 July @2pm Food Production Industry:

<https://attendee.gotowebinar.com/register/817641234839384079>

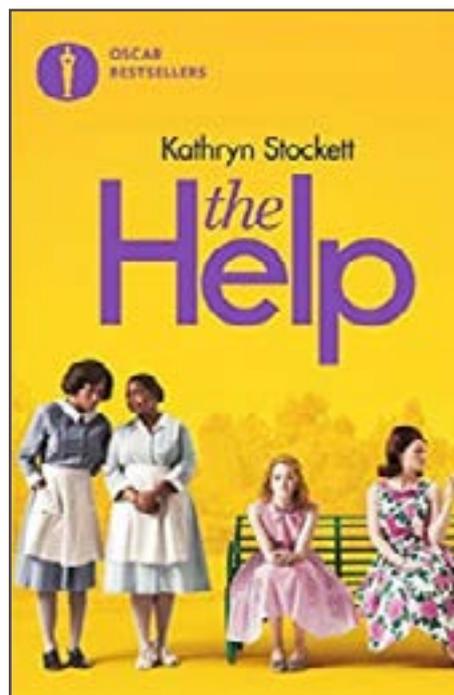
Black lives matter

Sometimes through different media, we can learn the lessons we need to. Sometimes through reading a fictional story, it can challenge our thoughts and prejudice. It can make us want to investigate further and look for the truth behind the fiction.

The Help by Kathryn Stockett was one such book for me. It was an excellent read and has also been made into a film – well worth a read and a watch.

Another film that I would like to recommend is Hidden Figures. This was based on a true story and is very moving. I also like the numbers part too (being that geeky maths teacher that I am...)

If you have time read or watch both of them and challenge yourselves on the deeper message.



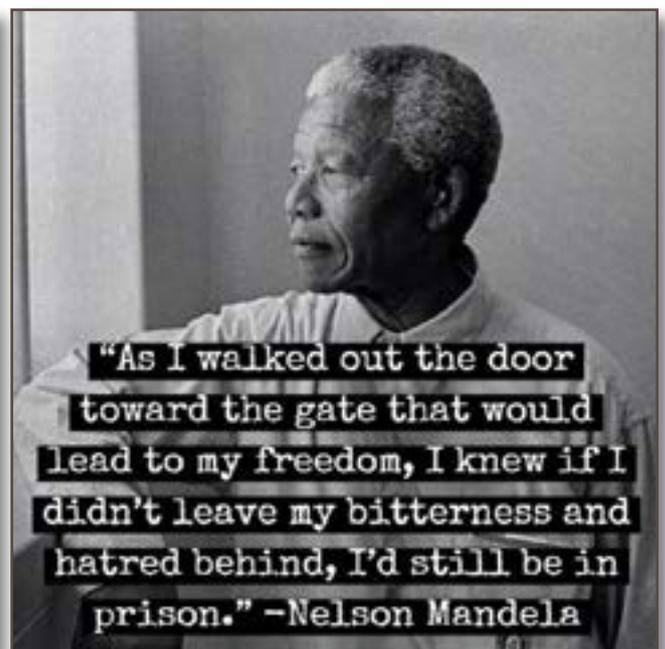
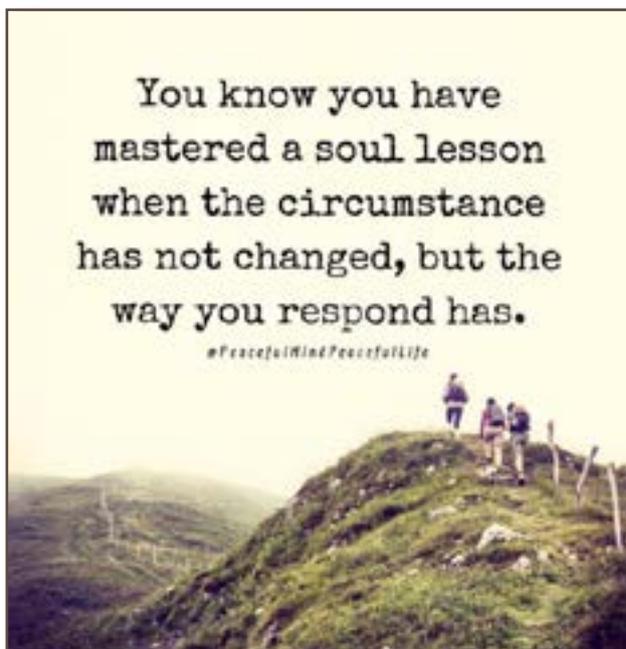
Thought for the week

**YOU CAN'T CHANGE SOMEONE
WHO DOES NOT SEE AN ISSUE
WITH THEIR ACTIONS.
YOU CAN ONLY CHANGE HOW
YOU REACT TO THEM.**

We can all think of one person who can wind us up. They can get under our skin so to speak; they know which buttons to press, in order to make us react in a certain way. Sometimes this person may be someone you have to relate to on a regular basis.

This can be a real source of stress unless we learn to deal with it. Their issues do not have to become our issues and their opinions do not have to be our opinions. We need to hold on to what we know to be true and we not let them rule our hearts and minds.

We do not know their stories or what makes them react in a certain way but we can control how we react to them. We are always answerable for OUR actions, not others' actions. We need to exercise self control and courage to stand up for what we hold to be true.



I had a relative who was really quite unpleasant. If I let him, he could wind me up in a matter of minutes. His opinions were really quite misogynistic and hurtful at times. However, as I needed to see him regularly, I had to change my attitude to him and look beyond what was being presented to me. There were hurts in his life that had shaped him. As I learned more of his life, I could understand more of why he was like he was. However, it was still not easy to spend a lot of time with him, as many of his comments were directed towards people that were close to me, as well as myself. He died a few years ago but when I look back on those times, I realised that I gained an inner strength that has helped me throughout my life, without taking on any of his prejudices.

Difficult times and difficult people are challenging but they are also an opportunity for us to grow.

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