

# my LISTEN HEARD SIXTH FORM

## Newsletter

### Message from the Sixth Form Team

Happy Monday. It has been a mixed week in many respects but I am still glad we are able to get out and walk it off.

I was reading an article which talked about the merits of getting outside and going for a walk, even if it was for just 10 minutes. When you are feeling a little bit low then try this. By having that break, it will make a huge difference to the rest of your day. All for just 10 minutes...



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### Year 13

#### Message from Kirsty

Please order your leavers hoodies if you want them. Can you let Kirsty know if you are ordering one or are planning to – email or phone and leave Kirsty a message.

**Well done on all of you – everyone has now confirmed their offers with UCAS.**

**Have you all applied for student finance yet?**

Applications for student finance can be made here:

<https://www.gov.uk/student-finance>

The Student Loans Company has updated their guidance for prospective students to include guidance for those whose academic year is extended because of the coronavirus outbreak and for migrant worker student applicants.

The guidance can be found here:

<https://www.gov.uk/guidance/guidance-for-current-students>

**Any problems, please contact the office.**

### **Halls of residence – what do you need to do to secure your accommodation?**

Do your research if you haven't already done so. This week would have been the last week of exams – how quickly does time go? You can start looking ahead and make sure you are preparing yourself for independent living.

How good are you at budgeting and shopping?

Could you start cooking one meal a week?

Can you use your washing machine?

Can you keep your room tidy???

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## **Year 12**

**We are so looking forward to seeing you this week!**

To be clear on the instructions:

You will need to line up along the spacing that runs past the common room and has been marked out for this purpose. You will enter through the blue gates so that your temperature can be taken and hands sanitised. Once that has happened, you will go to your room for your options lessons. We will be on hand to answer any queries and will be around after lessons end too.

Remember, there will be no study periods and your sessions will run from 9 am to 12 noon in the designated room. During your day, you will remain in that location and during the breaktime too. You will need to bring in a drink and a snack as you will

not have time to go offsite.

Here are the timings of the day:

9.00am - mini tutorial (catching up with how you have been and how you are feeling)

9.15am – session

10.30am - break

10.45am - session 2

12.00pm - end of school

Here is the overview of lessons being taught each day. You will only do one subject daily.

<b>Week Starting</b>	<b>Day</b>	<b>Option Block Subjects</b>	<b>Subjects</b>
<b>15th June</b>	Thursday 19th	<b>A</b>	Geography, Physics, EP and Textiles
	Friday 20th	<b>B</b>	Business Studies, English Lang, Photography
<b>22nd June</b>	Thursday 25th	<b>C</b>	Art, English Lit, Maths (NNH), PE
	Friday 26th	<b>D</b>	Chemistry, History, Maths (CLO), Health and Social Care
<b>29th June</b>	Thursday 2nd	<b>E</b>	Biol, Human Biol, F Maths, Drama, Media, Prod. Design
	Friday 3rd	<b>A</b>	Geography, Physics, EP and Textiles
<b>6th July</b>	Thursday 9th	<b>B</b>	Business Studies, English Lang, Photography
	Friday 10th	<b>C</b>	Art, English Lit, Maths (NNH), PE
<b>13th July</b>	Thursday 16th	<b>D</b>	Chemistry, History, Maths (CLO), Health and Social Care
	Friday 17th	<b>E</b>	Biol, Human Biol, F Maths, Drama, Media, Prod. Design

## How much work should you be doing?

This question has arisen as some of you are worried that you are not coping. Think of it like this: if you were attending lessons throughout the day, you would also be given homework too. This means that you would be doing several hours a day. All of you learn at different rates and your A levels have different workloads. Sometimes you will be doing more than 2.5 hours a day. I would be expecting this as there is always background reading and research to do for some subjects, practising skills learnt, making revision notes and consolidating learning. Thinking about my subject, if my students are unsure about trigonometry and I have gone over it, I would be expecting them to have another go themselves on “their” time rather than my set 2.5 hours for that week. If they are still struggling with that topic, I would expect them to let me know as I would try and help by finding more resources for them or even do a Teams call.

Keep your teachers informed of how you are feeling. If you’re struggling then it’s not a problem but we need to know.

**All of us have struggled during this lockdown period.**

**A really poignant quote from a professional – “Just because you are struggling doesn’t mean you are failing”,**

This time has put many families under pressure for all sorts of reasons and it is OK to be struggling. I personally have struggled with different aspects at times but by talking about it, that has really helped me to keep going onward.

**TALK ABOUT YOUR STRUGGLES – we are always here to help.**

## Researching universities

Start looking around...

Don’t forget to take part in this Virtual University Fair below, where you will have the opportunity to chat with over 80 different universities.

Click on the link to register beforehand:



<https://ukuniversitysearch.vfairs.com/>

UniTasterDays is another useful website to have a browse through. There are lots of useful links here to research and investigate.

<https://www.unitasterdays.com/ut-tuesdays.aspx>

UniTasterDays

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LONDON METROPOLITAN UNIVERSITY

Experience London Met with our virtual open events  
Book your place for 3 - 9 July

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**UNI TASTER TUESDAYS**  
Weekly university guidance webinars #UTDIAG  
Guest universities - Q&A opportunities - Every Tuesday

UniTaster Tuesdays - Online weekly university guidance webinars #UTDIAG

UniTasterDays in collaboration with HELLOA are delivering impartial university guidance webinars online every Tuesday to support students considering university.

Featuring different subjects and universities each week

***There are lots of events on – please have a look at the table below and I will be sending out a spreadsheet separately too.***

#### UNIVERSITY VIRTUAL TOURS AND SESSIONS

DATE	DETAILS	LINK
16 June	Social Sciences taster session For those wishing to study criminology, geography, psychology, sociology	<a href="https://www.unitasterdays.com/ut-tuesdays.aspx">https://www.unitasterdays.com/ut-tuesdays.aspx</a>
17 June	University Virtual Fair This is a must for anyone considering going to university. Lots of course information.	<a href="https://ukuniversitysearch.vfairs.com/">https://ukuniversitysearch.vfairs.com/</a>
16 – 22 June	Marjon Live Event Guided campus tours, money matter talks, also careers in sport and routes into teaching.	<a href="https://www.marjon.ac.uk/marjon-live-registration/?gclid=EAlaIqobChMI-cOS8M2B6glVme3tCh1vQwqAEAAAYASAAEgKAjFD_BwE">https://www.marjon.ac.uk/marjon-live-registration/?gclid=EAlaIqobChMI-cOS8M2B6glVme3tCh1vQwqAEAAAYASAAEgKAjFD_BwE</a>

23 June	Introduction to studying sport at university Featuring University of Gloucester	<a href="https://www.unitasterdays.com/ut-tuesdays.aspx">https://www.unitasterdays.com/ut-tuesdays.aspx</a>
24 June	Southampton University Chat to current students, explore courses and hear from inspiring lecturers	<a href="https://www.southampton.ac.uk/">https://www.southampton.ac.uk/</a>
26 June	University of Bristol Virtual graduate open day. Meet academic staff and learn what makes studying your subject at Bristol unique.	<a href="https://www.bristol.ac.uk/">https://www.bristol.ac.uk/</a>
29 June – 4 July	UCL Virtual Open Week Choose a subject and register for a session	<a href="https://www.ucl.ac.uk/prospective-students/open-days/ucl-undergraduate-open-days">https://www.ucl.ac.uk/prospective-students/open-days/ucl-undergraduate-open-days</a>
30 June	Visual Effects, games and animation Featuring London Escape Studios, Pearson College, London	<a href="https://www.unitasterdays.com/ut-tuesdays.aspx">https://www.unitasterdays.com/ut-tuesdays.aspx</a>
1 July	Humanities & Social Science Day Taster lectures and webinars in some of the following subjects English, law, criminology, psychology, languages, philosophy, sociology and theology	<a href="https://www.exeter.ac.uk/teachers/subject-specific-activities/studentzone/onlinetasterdays/">https://www.exeter.ac.uk/teachers/subject-specific-activities/studentzone/onlinetasterdays/</a>
2 July	Business Day Join the business school for online lectures and live discussions.	<a href="https://www.exeter.ac.uk/teachers/subject-specific-activities/studentzone/onlinetasterdays/">https://www.exeter.ac.uk/teachers/subject-specific-activities/studentzone/onlinetasterdays/</a>
3 July	STEM Day A day focusing on Science, technology, engineering and maths.	<a href="https://www.exeter.ac.uk/teachers/subject-specific-activities/studentzone/onlinetasterdays/">https://www.exeter.ac.uk/teachers/subject-specific-activities/studentzone/onlinetasterdays/</a>

## PLAYS TO WATCH FOR FREE

Of the final set of free plays from the National Theatre, **Small Island** stands out: an incredible piece of theatre (stage set alone is worth watching it for - the photo below doesn't do the truly ambitious set justice - just watch out for the ship!) about the Windrush generation: it's social history that chimes with Black Lives Matter.

Some older family members and relatives might be interested in this, so spread the word: what's to lose by giving it a go? If you watch it on Youtube AFTER it is broadcast on Thursday evening, so Friday or over the weekend, the quality of streaming tends to be better. It's only available for a few days, so don't wait too long! Les Blancs is also very good but not as easy to watch if you are not so used to theatre.

The National Theatre Among the last five plays is '[A Midsummer Night's Dream](#)' with Gwendoline Christie and '[The Deep Blue Sea](#)' starring Helen McCrory.



'[Small Island](#)' is up next, an adaptation of the Andrea Levy novel about the Windrush generation that airs on Thursday June 18 to coincide with Windrush Day 2020 on Sunday June 22.

And 2016's production of '[Les Blancs](#)' is also on the bill, which depicts an African nation confronting and rising up from its colonial rule.

## Thought for the week

Our society will change because of what we think and do as individuals. The media will always give us a slant to believe but we need to be wise and look for all the information, not just what is on the news sites.

I am reminded of our last trip to Uganda. We went to an area that rarely saw white people. We were going down to the river (the Nile actually) and walked passed a secondary school. All the students rushed out and started calling out, "White People! White People!" We were stared at because of the colour of our skin – we were the odd ones out. It gave us a taste of what it must be like to be singled out because of the colour of your skin.

Black Lives Matter is important and will always be so until our society changes. That change is needed for the future to be safe and secure. We must guard our thoughts and our hearts so that we make the right choice in our actions and can begin to change our world, little by little, for the better.



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