

Week Commencing: 11th January 2021

my LISTEN KEARD SIXTH FORM

Newsletter

Here we go again...

A new year and a new lockdown. This one feels different or is it that we are used to them and take them more in our stride?

Whilst out walking on the moors today, Paul and I decided that Cornwall is definitely the best place to be—Tozer agreed. I have friends who live in London and they can go for walks but not in beautiful spaces like the coast or moors. We enjoyed our walk and even into the freezing fog at the top of Caradon Hill. It made for quite an ethereal scene.



Year 13

For those students still wanting to complete their UCAS forms, the deadline has been extended due to lockdown. It is now Friday 29th January but UCAS are advising to get your application in as soon as it is ready. Many of you are now seeing the offers come in. You do not have to make a final decision until the beginning of May.

In terms of student finance, I am hoping we will be back and I will organize a information evening that can be attended, in order to answer your queries. If lockdown continues, then it will be need to be an online event.

For those of you not applying for university, keep checking the various apprenticeship websites and job opportunities. You can always email Mrs Carlin for advice. Don't forget we are also in the office every day if you would rather ring in to talk about your options.

Year 12

It's never too early to start thinking about what is to come after A levels/BTECs. Whilst on lockdown, maybe set aside a regular time slot to investigate where your A levels could lead. There are many useful websites out there but for starters here are a couple of them. Research takes time but it is worth it.

<https://www.theuniguide.co.uk/a-level-explorer>

<https://www.unitasterdays.com/>

There are also various opportunities with the Sutton Trust. Applications for the Sutton Trust US Programme are open now. This programme gives the opportunity for students from state schools the chance to explore studying in the US. Applications close on 17th January so please have a look.

<https://us.suttontrust.com/>

There are also opportunities in this country too including summer schools and apprenticeships summer schools These are FREE!! Check out their website.

<https://www.suttontrust.com/>



And finally...

A couple of thoughts found whilst I was perusing the internet.

"Remember to look up at the stars and not down at your feet. Try to make sense of what you see and wonder about what makes the universe exist. Be curious. And however difficult life may seem, there is always something you can do and succeed at. It matters that you don't just give up."

*~ Stephen Hawking ~
1942-2018*



This hit me...

You never really know the true impact you have on those around you. You never know how much someone needed that smile you gave them. You never know how much your kindness turned someone's entire life around. You never know how much someone needed that long hug or deep talk. So don't wait to be kind. Don't wait for someone else to be kind first. Don't wait for better circumstances or for someone to change. Just be kind, because you never know how much someone needs it.

Look after yourselves, do check-in with your tutors and check your emails daily. Remember you can also contact us in the office too—just email us or leave a message and we will get back to you. Keep working hard and have a look at what Mrs Fry found on the internet.

Here is something I was tagged in on Facebook, I hope you find it useful.

Mrs Fry

eEnglish
LEARN ENGLISH WITH BESSIE

A STUDENT'S GUIDE TO LEARNING FROM HOME

FIND YOUR SPACE
Find an area in your house where you can sit comfortably and focus.
Make it separate to your relaxation space. Ideally away from a TV screen or other distractions.

TAKE NOTES
Note-taking keeps your mind engaged.

PLAN YOUR DAY
If you have one, follow the schedule provided by your school.
If you just have a list of things to study, break it down into tasks and plan to do the hardest ones when you have the most energy.

REDUCE DISTRACTIONS
Imagine you're at school and not at home.
Lock your phone away if you need to - don't be afraid to ask your parents for help.

CHANGE IT UP
You probably have a schedule for your lessons, but if things are becoming difficult to focus on, take a 5-min break and come back to it - just let your teacher know.

TAKE BREAKS
Get up once in a while. Have a snack.

SPEAK UP & ASK FOR HELP
When things get tough, don't just push through it. Ask your parents, or reach out to your teacher.

WRITE IT
Use a journal to track your progress or any questions you might want to ask your teacher about the work.

Have a good week everyone!