

The **TiCTAC**

young person's centre

Registered Charity Number: 1097592

An Information & Advice Centre for Young People



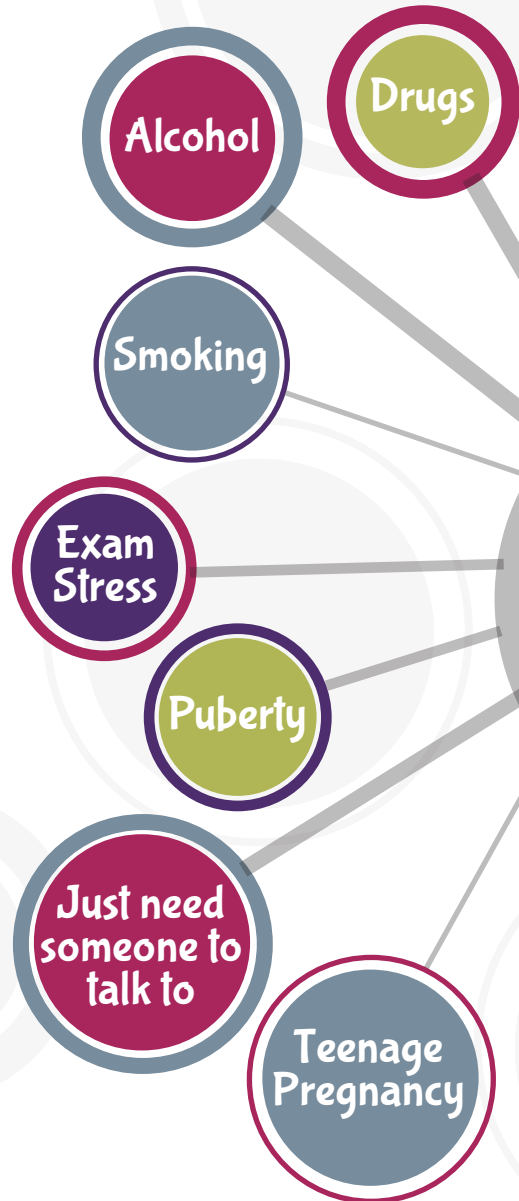
Tic Tac are always here to listen, not to judge and are always confidential.

Everyone is entitled to complete confidentiality unless at risk of serious harm.

Tic Tac is run by doctors, nurses, counsellors, youth workers and school nurse volunteers who have a keen interest in the health and wellbeing of young people.

Tic Tac is a teacher and parent **FREE ZONE!**

What's available? Posters, leaflets & friendly staff



Family concerns

Sexual health

Healthy eating

Fitness & exercise

Bereavement

Just drop in

the TiCTAC
young person's centre

Always here to listen,
NOT to judge

Bullying

Immunisations

Counselling

Acne

Life Skills

Stress

and much more...

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