

LSCC Citizenship Award!

YEAR 7 - BRONZE AWARD

- Complete TWO CHALLENGES in EACH SECTION to gain a Bronze LSCC Citizenship Award in Kindness, Courage or Resilience.
- Complete 15 CHALLENGES overall from ANY section to gain the FULL BRONZE AWARD.
- Students who gain the full Bronze Award are then eligible to take part in the BRONZE SUPER CHALLENGE AWARD. Ask your tutor for a separate booklet.

	CHALLENGE	SIGNATURE	TICK
K I N D N E S S	Complete three hours of volunteering.	Person you volunteered to help _____	
	Take part in a charity event.	Event organiser _____	
	Do two EXTRA things to help your parent / carer at home. 1) _____ 2) _____	Parent / Carer _____	
	Achieve 20+ merits for Kindness.	Tutor _____	
	Contribute towards the Christmas Hamper Appeal in school.	Tutor _____	
	OWN CHOICE! Choose your own act of kindness! Discuss it with your tutor and write it below: _____	Tutor _____	
	FLASH CHALLENGE!!*	Tutor _____	
C O U R A G E	Attend a new club for 6 sessions (in school or outside).	Club leader _____	
	Represent the school in a sport, an event or a school production. _____ (event)	Event organiser _____	
	Take part in a presentation to your tutor group or in assembly.	Tutor _____	

G E	Complete the Leap of Faith at Porthpean!	Tutor _____	
	Achieve 20+ merits for Courage.	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of your comfort zone. Discuss this with your tutor and write what you will do below: _____	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	
R E S I L I E N C E	Learn a new skill (this could be anything from an instrument to a sport).	Parent _____	
	Overcome a problem in any subject you find difficult.	Teacher _____	
	Achieve all 1's for attitude in a Progress Check.	Tutor _____	
	Read a book that you find challenging.	Parent _____	
	Give your tutor two examples of how you have become more resilient outside of school.	Tutor _____	
	Be nominated for Student of the Month.	Tutor _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it below: _____	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	

*Flash Challenges will be announced randomly throughout the year. Look out for them!

LSCC Citizenship Award!

YEAR 8 - SILVER AWARD

- Complete TWO CHALLENGES in EACH SECTION to gain a Silver LSCC Citizenship Award in Kindness, Courage or Resilience.
- Complete 15 CHALLENGES overall from ANY section to gain the FULL SILVER AWARD.
- Students who gain the full Silver Award are then eligible to take part in the SILVER SUPER CHALLENGE AWARD. Ask your tutor for a separate booklet.

	CHALLENGE	SIGNATURE	TICK
K I N D N E S S	Take your unwanted clothes to a charity shop or put in the school charity clothing bin.	Tutor _____	
	OWN CHOICE! Choose your own act of kindness! Discuss it with your tutor and write it below:	Tutor _____	
	Complete four hours of volunteering.	Person you volunteered to help _____	
	Raise money for charity.	Event organiser _____	
	Do three EXTRA things to help your parent / carer at home. 1) _____ 2) _____ 3) _____	Parent / Carer _____	
	Achieve 20+ merits for Kindness.	Tutor _____	
	FLASH CHALLENGE!!*	Tutor _____	
C O U R A G E	Attend a new club for 6 sessions (in school or outside).	Club leader _____	
	Represent the school in a sport, an event or a school production. _____ (event)	Event organiser _____	

A G E	Achieve 20+ merits for <i>Courage</i> .	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of you comfort zone. Discuss this with your tutor and write what you will do below: _____	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of you comfort zone. Discuss this with your tutor and write what you will do below: _____	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	
R E S I L I E N C E	Learn a new skill (this could be anything from an instrument to a sport).	Adult involved _____	
	Overcome a problem in any subject you find difficult.	Teacher _____	
	Achieve all 1's for attitude in a Progress Check.	Tutor _____	
	Persevere reading a book that you find challenging to read.	Parent _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it below:	Tutor _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it below:	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	

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YEAR 9 - GOLD AWARD

- Complete TWO CHALLENGES in EACH SECTION to gain a Gold LSCC Citizenship Award in Kindness, Courage or Resilience.
- Complete 15 CHALLENGES overall from ANY section to gain the FULL GOLD AWARD.
- Students who gain the full Gold Award are then eligible to take part in the GOLD SUPER CHALLENGE AWARD. Ask your tutor for a separate booklet.

	CHALLENGE	SIGNATURE	TICK
K I N D N E S S	Do something for charity.	Parent _____	
	Complete six hours of volunteering.	Person you volunteered to help _____	
	Do something to help someone in your tutor group.	Tutor _____	
	Surprise your parent / carer by doing something helpful without being asked.	Parent / Carer _____	
	Achieve 20+ merits for Kindness.	Tutor _____	
	OWN CHOICE! Choose your own act of kindness! Discuss it with your tutor and write it below: _____	Tutor _____	
	OWN CHOICE! Choose your own act of kindness! Discuss it with your tutor and write it below: _____	Tutor _____	
	FLASH CHALLENGE!!*	Tutor _____	
C O U R A G E	Get in the news! Submit a feature for the Reflection or school social media to Mr Luscombe in the library.	Tutor _____	
	Join a new club (in school or outside).	Club leader _____	
	Represent the school in a sport, an event or a school production. _____ (event)	Event organiser _____	

G E R E	Achieve 20+ merits for Courage.	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of you comfort zone. Discuss this with your tutor and write what you will do here: _____	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of you comfort zone. Discuss this with your tutor and write what you will do here: _____	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of you comfort zone. Discuss this with your tutor and write what you will do here: _____	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	
R E S I L I E N C E	Help another person learn a new skill.	Person involved _____	
	Organise your own Take Your Child to Work Day placement by the deadline.	Tutor _____	
	Overcome a problem in any subject you find difficult.	Teacher _____	
	Achieve all 1's for attitude in a Progress Check.	Tutor _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it here: _____	Parent _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it here: _____	Tutor _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it below:	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	

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YEAR 10 - DIAMOND AWARD

- Complete TWO CHALLENGES in EACH SECTION to gain a Diamond LSCC Citizenship Award in Kindness, Courage or Resilience.
- Complete 15 CHALLENGES overall from ANY section to gain the FULL DIAMOND AWARD.
- Students who gain the full Diamond Award are then eligible to take part in the DIAMOND SUPER CHALLENGE AWARD. Ask your tutor for a separate booklet.

	CHALLENGE	SIGNATURE	TICK
K I N D N E S S	Support another person with their classwork or homework.	Teacher _____	
	Go without something yourself and give the money to charity.	Event organiser _____	
	Surprise your parent / carer by doing something helpful without being asked. _____	Parent / Carer _____	
	Achieve 20+ merits for Kindness.	Tutor _____	
	Pick up five pieces of litter, show a member of staff and put in the bin.	Member of staff _____	
	OWN CHOICE! Choose your own act of kindness! Discuss it with your tutor and write it below:	Tutor _____	
	FLASH CHALLENGE!!*	Tutor _____	
C O U R A G E	Get in the news! Submit a feature for the Reflection or school social media to Mr Luscombe in the library.	Tutor _____	
	Attend a club for 6 sessions (in school or outside).	Club leader _____	
	Represent the school in a sport, an event or a school production. _____ (event)	Event organiser _____	
	Achieve 20+ merits for Courage.	Tutor _____	

G E	OWN CHOICE! Stretch yourself by doing something outside of your comfort zone. Discuss this with your tutor and write what you will do here:	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of your comfort zone. Discuss this with your tutor and write what you will do here:	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	
R E S I L I E N C E	Make '5 A Day' revision cards every week for 6 weeks.	Tutor _____	
	Overcome a problem in any subject you find difficult.	Teacher _____	
	Be nominated for Student of the Month.	Tutor _____	
	Achieve 97.5% attendance in a Progress Check.	Tutor _____	
	Achieve all 1's for attitude in a Progress Check.	Tutor _____	
	Organise your own work experience by the deadline.	Tutor _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it here: _____	Parent _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it here: _____	Tutor _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it here: _____	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	

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LSCC Citizenship Award!

YEAR 11 - PLATINUM AWARD

- Complete TWO CHALLENGES in EACH SECTION to gain a Platinum LSCC Citizenship Award in Kindness, Courage or Resilience.
- Complete 15 CHALLENGES overall from ANY section to gain the FULL Platinum AWARD.
- Students who take part in the National Citizens Programme (you will hear about this in assembly) will automatically receive the full Platinum Award as well.

	CHALLENGE	SIGNATURE	TICK
K I N D N E S S	Do something for charity.	Tutor _____	
	Be a revision buddy.	Name of buddy _____	
	Have excellent manners.	Tutor _____	
	Surprise your parent / carer by doing something helpful without being asked.	Parent / Carer _____	
	Ask one of your teachers what you can do to help them and then do it.	Teacher _____	
	Achieve 20+ merits for Kindness.	Tutor _____	
	OWN CHOICE! Choose your own act of kindness! Discuss it with your tutor and write it below:	Tutor _____	
	OWN CHOICE! Choose your own act of kindness! Discuss it with your tutor and write it below:	Tutor _____	
	FLASH CHALLENGE!!*	Tutor _____	
C O U R A G E	Get in the news! Submit a feature for the Reflection or school social media to Mr Luscombe in the library.	Tutor _____	
	Apply to take part in the National Citizens Service - www.ncsefltrust.co.uk	Parent _____	
	Attend a club for 6 sessions (in school or outside).	Club leader _____	
	Represent the school in a sport, an event or a school production. _____ (event)	Event organiser _____	
	Achieve 20+ merits for Courage.	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of you comfort zone. Discuss		

G E	this with your tutor and write what you will do below:	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of you comfort zone. Discuss this with your tutor and write what you will do below:	Tutor _____	
	OWN CHOICE! Stretch yourself by doing something outside of you comfort zone. Discuss this with your tutor and write what you will do below:	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	
R E S I L I E N C E	Make '5 A Day' revision cards every week for 6 weeks.	Tutor _____	
	Overcome a problem in any subject you find difficult.	Teacher _____	
	Achieve 97.5% attendance in a Progress Check.	Tutor _____	
	Achieve all 1's for attitude in a Progress Check.	Tutor _____	
	Complete your Personal Statement by the deadline.	Tutor _____	
	Complete your ROA folder by the deadline.	Tutor _____	
	Attend revision sessions.	Teacher _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it below:	Tutor _____	
	OWN CHOICE! Choose your own act of resilience! Discuss it with your tutor and write it below:	Tutor _____	
	FLASH CHALLENGE!*	Tutor _____	

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