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 Head Teacher: Mr Alex Lingard BSc (Hons)

8<sup>th</sup> December 2017



Dear Parents/ Carers,

Now that your son/daughter has enrolled for the Bronze Duke of Edinburgh's Award, the aim of this letter is to clarify what's coming up.

Your son/daughter has now enrolled and got their details for their eDofE record book account. They will also have an actual record book where they can record details and get different activity leaders to sign off their different sections if they want. Many students have already decided on and registered their Skill, Physical and Volunteering activities, but some are still thinking about this. You can find more details about the award and possible activities for the four sections on the DofE website at:  
<https://www.dofe.org/doing-your-dofe/activities-sections>

We will also discuss this at our next meeting for all students enrolled on the Bronze Award, which will be on the last Monday of term after school: **Monday 18<sup>th</sup> December, in the Library, 3.20-4.15**. At this meeting we will also begin to start planning for the expeditions, thinking about the key dates, forming groups and equipment. Please could you let your son/daughter know about this meeting and arrange their journey home if they normally get a school bus. Attached with this letter are copies of the calendar and equipment list. We are purchasing tents, stoves, fuel and some other items for all groups as a school, and we have some funds to help with individual equipment costs if this is a challenge.

All participants need to be able to attend the two Saturday training days, one of the Practice Expedition weekends and one of the qualifying expedition weekends. If there are any queries or concerns, please contact us through the school (email addresses below).

Yours sincerely,

James O'Connell  
 Liskeard School DofE Manager  
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 Liskeard School DofE Expedition Leader  
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## Liskeard DofE Calendar: 2018

Spring		Event
Jan	Wed 24 Jan: Lunchtime	DofE Progress Meeting- M1: Check on personal equipment and progress with Skill, Physical and Volunteering
Feb	Wed 28 Feb: Lunchtime	DofE Meeting – M1: Intro to expedition and check progress with Skill, Physical and Volunteering
Mar	Sat 3 Mar	Expedition training day: Navigation, Tents, Cooking, Campcraft & First aid
	Wed 14 Mar: Lunchtime	DofE Meeting – M1: Route planning
	Sat 17 Mar	Practice Walk.

Summer		Event
Apr	Wed 25 Apr: Lunchtime	Practice expedition planning meeting – M1
	Sat 28 to Sun 29 Apr	Practice expedition
May	Sat 12 to Sun 13 May	Practice expedition
	Wed 16 May: Lunchtime	DofE Progress Meeting – M1: Discuss progress with Skill, Physical and Volunteering
Jun	Wed 13 Jun	Qualifying expedition planning meeting – M1
	Sat 16 to Sun 17 Jun	Qualifying expedition
	Sat 30 Jun to Sun 1 Jul	Qualifying expedition
Jul	Wed 4 Jul	Qualifying expedition presentations – M1
	Wed 11 Jul	Qualifying expedition presentations – M1



## KIT LIST FOR DUKE OF EDINBURGH EXPEDITION

- Medium sized rucksack\*
- Roll mat\*
- Torch plus spare batteries
- Survival bag\*
- Emergency whistle, silva compass\*
- Decent quality sleeping bag
- Water bottle\*
- Knife, fork, spoon
- Plastic bowl and mug
- Rucksack liner/bin liners/plastic bags
- String, spare laces, pen, pencil and paper
- Matches (waterproofed)
- Food (as per menu)
- Emergency ration pack - chocolate and high energy bars
- Personal medication & first aid kit
- BASIC wash kit
- Spare underwear
- Book/playing cards
- Fully charged mobile phone (if you have one)
  
- Waterproof anorak and trousers
- Walking boots
- 2 pairs Lightweight walking trousers and/or shorts
- 2 x t-shirts, light-weight top
- 2 x medium layer
- 1 x fleece or thick jumper
- 3 x thick, walking socks
- Hat, gloves
- Trainers (optional)

\* Items marked with a star can be borrowed from the school, if necessary.